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**PATENT** 

Paper No.

File: Hinne-P3-01

## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Inventor

January 24, 2005

Michael Hinnebusch

Serial No.

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For

SYSTEM AND METHOD TO IMPROVE FITNESS

TRAINING

Group Art Unit

3629

Examiner

NELSON, Freda Ann

Honorable Commissioner of Patents and Trademarks

Washington, D.C. 20231

## **AMENDMENT AND RESPONSE**

SIR:

In response to the Office Action mailed 22 September 2004 in the abovereferenced patent application, please enter the following amendment and reconsider the application in view of the amendment and the remarks set forth below.